

Mind in Kingston Drop-in Centres

Our service is designed to provide a safe, non-judgemental space for people with mental health issues, whether diagnosed or not. We offer subsidised meals, low level support, peer activities and we promote social inclusion.

No referral required.



in Kingston

THE BRIDGE & THE STAR DROP IN CENTRES



The Star Café

Open on Thursdays: 18:00-21:30
and Sundays: 14:00-17:30

Address:

Alfriston Day Centre

3 Berrylands Road,

Surbiton, KT5 8RB

Buses: K2, 281, 406, 418

The Bridge Café

Open on Monday, Tuesday and Friday
from 18:00-21:00 and Saturdays from
14:00-17:30

Address:

Noble Centre

109 Blagdon Road

New Malden, KT3 4BD

Buses: K1, 265, 131, 152

**For more information, contact us on 020 8255 3939, at info@mindinkingston.org.uk
or visit our website at www.mindinkingston.org.uk.**

Mind in Kingston is a registered charity no: 1076791